



Third Haven Friends Meeting

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April 2013 NEWSLETTER

Third Haven Friends Meeting Meeting for Business Minutes for the 3rd Month, 10,2013

1. Candace Shattuck, Clerk of Meeting, gathered together all present for meeting for worship with attention to business after a brief period of silence.

2. Attending: Molly Burgoyne, Lorraine Claggett, Tom Corl, Deborah Cox, Catherine



Cripps, Doreen Getsinger, Marsie Hawkinson, Bill Lane, Jr., Sumner Parker, Constance Pullen, Michael Pullen, Cynthia Quast, John Schreiner, Candace Shattuck, Cathy Thompson, Norval Thompson, Meredith Watters, Ralph Young.

3. Minutes: The Meeting approved the minutes from meeting for business 2nd Month, 10,2013.

4. Query: The Query, Spiritual Nurture, Ministry, and Religious Education, was read during meeting for worship. There were no additional comments at this time.

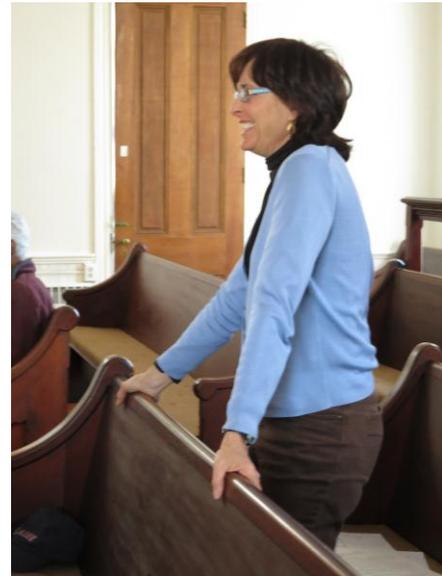
5. Overseers: On February 22nd, John Schreiner, Norval Thompson and Larissa Kitenko met with Dawn Atwater at her home in St. Michaels as part of the clearness process. The meeting with Dawn was informative and pleasant and the committee wholeheartedly recommends her for membership. This was approved. A welcoming committee of Marsie Hawkinson (convener), Meredith Watters, Cynthia Quast and Tom Corl plan to meet soon with Dawn.

6. FCNL Annual Report: Please refer to the full report attached below. Michael Pullen gave an in-depth overview of FCNL's activities this past year and the agenda for this year. There are three ways to be involved with FCNL: joining the lobbying efforts, staying tuned in to their website and donating. March 16-19 will be the Spring Lobby Weekend with an emphasis on climate change. Recently this organization helped lobby for the "Violence Against Women" Act that has passed through congress. We were reminded that FCNL depends on feedback from monthly meetings to set their agendas for the year. The annual report was approved with thanks for the thorough explanation.

7. Property & Grounds Reports: P & G will hold their Spring Clean-Up for Meeting on April 13th from 8-12. This will include both interior and exterior work so even if the weather is inclement, there will be plenty for all to do.

The lock-box in the Old Meeting House has been broken into again. The committee recommends that for the time being we should try not to have a box at all but have envelopes (stamped and addressed) that people can use to mail in donations or money for items purchased. All present agreed that this should be done.

P&G has discussed the addition of a handicap access ramp for the Old Meeting House. A project such as this would involve the Meeting, the Trustees and the Maryland Historical Trust. The Historical Trust, although they would need to approve any such plans, would not object outright to this addition as it would help the building come into compliance with disabilities codes. There is potential grant money available for such a project as well. The committee has studied six possible plans and solutions. Two of these proposals were brought to the meeting for members to look over and study while discussing this issue. Many feel it is important to make sure our meetinghouse is accessible to all who would like to worship and visit. The portable ramp THFM has available has no handrails, is rather steep when put into place, and has to be erected each First Day in order to be used. We do have members using walkers and crutches or canes from time to time and coming into and out of the meeting can be challenging. We also do not have railings at the front entrance. Many voiced concerns about making any changes or additions to the existing historic architecture as well as the fact that the ramp is not considered a high priority for our Meeting. The plans seemed to be aesthetically unappealing to several present. There was concern expressed over any changing to the front façade of the building. It was felt that with a change as important and as costly as this, more input from others in the Meeting would be useful. An announcement asking for input will be shared with the Meeting at large and further possibilities will be discussed in the future and looked into by P&G. Additional feedback from all members of THFM is encouraged as well as additional discussion as a topic at the next business meeting.



8. Interim Meeting: Please refer to full report attached below. Highlights include the financial report for FY12, which shows that PYM is on track to meet their financial objectives following their three-year sustainable budget plan. The FY14 budget was also presented and although expenses will grow somewhat, the expenses will stay below FY12 income so the budget will not be in a deficit. Our representative, Tom Corl, was thanked for his time spent in Philadelphia.

Meeting for business was adjourned at 12:45 PM.

Respectfully submitted, Molly Burgoyne

IMPORTANT POINTS:

- Dawn Atwater accepted for membership
- FCNL Annual Report Approved
- P&G initial report on possible handicap access to the Old Meeting House
- Interim Meeting report given with updated budget information

ANNUAL REPORT
Third Haven Friends
March 10, 2013
FRIENDS COMMITTEE ON NATIONAL LEGISLATION (FCNL)

Friends Committee on National Legislation
245 Second St., NE
Washington DC 20002-5795
<http://fcnl.org/>



The Friends Committee on National Legislation (FCNL) is a nonpartisan Quaker lobby in the public interest founded in 1943 by members of the Religious Society of Friends.

- FCNL is part of a long history of Quakers who have spoken out in support of legislation and good government. FCNL lobbyists talk with—and listen to—everyone, including people with whom they don't expect to agree, in an effort to build mutual trust and understanding as FCNL works for policy change.

FCNL seeks to bring the concerns, experiences and testimonies of Friends to bear on policy decisions in the nation's capital.

- Testimonies of peace, simplicity, equality, and integrity inform FCNL's work.

FCNL speaks for itself and others of like mind; people of many religious backgrounds participate in this work.

- FCNL does not claim to speak on behalf of the entire Religious Society of Friends.

FCNL governed by a General Committee of 200 Friends from yearly meetings and other Quaker organizations.

- FCNL's staff and volunteers work with a nationwide network of thousands of people to advocate social and economic justice, peace, care for the earth and good government.

- Every two years, the General Committee asks Quaker meetings and churches throughout the United States to offer policy priorities that are distilled for lobbying action by the nationwide network working with FCNL's Washington-based lobbyists.

The FCNL Education Fund is a 501(c)3 organization that exists in parallel with FCNL to support research, analysis and education. Tens of thousands of individuals and organizations rely on the FCNL Education Fund's resource materials for background information on policy issues and legislative details.

Three ways to participate: lobbying events, staying tuned to website, donating
November, 2012, John Schreiner, Lorraine Claggett, attended FCNL's lobbying event and annual meeting and lobbied our Congressman, Rep. Andy Harris

Events 2013

- Mar 16-19, 2013 -- Spring Lobby Weekend; climate change Saturday thru Tuesday \$50.00 registration fee

The 2013 Spring Lobby Weekend will feature policy briefings, lobby-training workshops, More than 100 young adults from around the country will lobby Congress to help shift the debate toward action to reduce carbon emissions, protect jobs, and build our economy for the next century.

- Nov 14, 2013 - Nov 17, 2013 -- Washington, DC - Annual Meeting
Friends from around the country will lobby, conduct FCNL business and finalize FCNL's Legislative Policy for the next 10 years.
FCNL Policy Statement .

The FCNL General Committee, or board of governors, determines the legislative policy and priorities of the organization. The FCNL Policy Statement sets forth FCNL's broad objectives for public policy. The General Committee revises and updates the Policy Statement on an ongoing basis. FCNL's legislative priorities for each Congress are drawn from the policy statement.

The General Committee approved the current **Policy Statement** in November 2003.

Preamble

The Friends Committee on National Legislation is composed of members of the Religious Society of Friends who bring spiritual values to bear on public policy decisions. Our legislative policy grows out of our basic belief that there is that of God in every human being and that God's love endows all creation with worth and dignity. Through individual and corporate worship we try to be open to the will of God and to express the spirit of Christ in all relationships and levels of interaction, whether personal, communal, national, or global ...

Part 1: We Seek a World Free of War and the Threat of War

Friends long have found inspiration in George Fox's words that we should live "in the virtue of that life and power that [takes] away the occasion of all wars."¹ We believe that peace throughout the world is God's will and is attainable. True security results from a culture of peace, including a healthy environment, a fair and sustainable economic life, democratic participation, an educated population, personal well-being, and healthy families. Peace and security can be achieved only by peaceful means.

Part 2: We Seek a Society with Equity and Justice for All

"What doth the Lord require of thee, but to do justly, and to love mercy, and to walk humbly with thy God?" Friends' testimony calls for right relationships among people and between individuals and God. Governments are instituted, in part, to promote and protect basic human rights. These are rights, not mere privileges subject to easy denial. Friends acknowledge the indispensable role of government in safeguarding the integrity of our society and the essential dignity of all human beings. Citizens have the responsibility to participate vigorously in making government more responsive, open, and accountable.

Part 3: We Seek a Community Where Every Person's Potential May Be Fulfilled

"Inasmuch as ye have done it unto one of the least of these . . . ye have done it unto me." We believe that God dwells in each human soul, and therefore it is the birthright of all persons to live a life of dignity with access to the basic necessities for human growth and development.

Accordingly, we believe that all members of society should take responsibility for each other, not only to provide the essentials of life but also to ensure an opportunity for meaningful work and recreation so that each can contribute to society according to his or her abilities. Society benefits when families and communities make commitments to care for their members.

Part 4: We Seek an Earth Restored

"The earth is the Lord's, and the fullness thereof; the world, and they that dwell therein." We believe that humankind must respect the ecological integrity and the sacredness of the natural world. People must choose activities, create institutions, and establish policies and laws that are beneficial to the earth and will help protect and regenerate its ecosystems.

Issues:

Afghanistan

War is not the answer in Afghanistan. The transition process must involve a comprehensive, Afghan-led regional agreement with Afghanistan's neighbors to promote cooperation and regional stability.

Conventional Weapons

We urge arms control and restrictions on the production, transfer, marketing, and sale of conventional weapons, including small arms. We seek U.S. ratification of and compliance with bans on nuclear testing, cluster munitions, and landmines.

Cut the Pentagon: Our Nation's Checkbook

Congress is on track to cut \$1 trillion from the Pentagon budget. Let's make sure members of Congress don't change their mind.

Discrimination

We work for a society free from discrimination, including on the basis of race, creed, gender, ethnic or national heritage, age, sexual orientation, disability, medical condition, genetic background, and gender identification.

Domestic Policy

We work to promote human security and the common good through a living wage, job creation (especially "green" jobs), access to retraining and good public education, and improved affordable health care for all without discrimination. We work to defend safety-net programs for those in need. We propose to support this effort through progressive taxation and cuts in military spending.

Energy and Environment

FCNL lobbies for a low-carbon future, one in which we in the United States reduce the use of fossil fuels and the emissions of carbon pollution, thereby slowing the pace of climate change. In this future, energy is safe and affordable, and natural resources are not a source of conflict.

Federal Budget

The way that the government takes in revenue through taxes and the way it chooses to spend it through the budget communicates deep and important stories about our nation. We support progressive taxation and cuts in military spending as a means to fund the things that our nation really need.

Gun Violence Prevention

Friends seek peaceful and nonviolent solutions to personal and societal problems at all levels. The seeds of war are sown in communities that tolerate verbal and physical violence in its many forms or that tolerate the disrespect of ethnic, gender, racial, religious, and other differences. We advocate policies that encourage community mediation, conflict resolution, and other programs

to resolve conflict peacefully and to promote mutual respect. We also advocate stricter gun control and the reduction of gun ownership, possession, and use.

Immigration

We seek a society with equity and justice for all and believe that the world should move toward becoming a global community that safeguards human rights and guarantees economic opportunity for all people in their country of choice.

Iran

FCNL supports sustained, direct, and comprehensive negotiations with Iran to prevent violence and to secure lasting solutions to regional conflict and the stand-off over Iran's nuclear program.

Iraq

FCNL urges the United States to emphasize multilateral aid, civilian peace building, and regional and international diplomacy in Iraq. While pressing for removal of U.S. bases and combat forces, FCNL works to promote fulfillment of U.S. moral and legal obligations for reconstruction.

Justice Issues

We support the restoration of full civil liberties and habeas corpus protections for all persons and urge that those accused of terrorism be prosecuted in civilian courts. As way opens, FCNL will continue Friends' long-standing witness for criminal justice reform that includes principles of restorative justice and the abolition of the death penalty.

Kenya

FCNL urges the U.S. government to help support, rather than undermine, Kenyan communities' efforts to prevent renewed violence during their next national election.

Middle East

FCNL lobbies for the U.S. to engage in inclusive diplomatic efforts to resolve the Israeli-Palestinian conflict, holding all parties accountable to international law.

Native Americans

We work to promote and preserve tribal sovereignty of indigenous peoples within the United States and to support legislation that respects their rights, clarifies jurisdictional conflicts, promotes the well-being of all Native Americans, and honors treaty commitments.

Nuclear Disarmament

More weapons do not provide enduring security. We work for nuclear disarmament and nonproliferation, including strategic arms reduction and U.S. ratification of and compliance with bans on nuclear testing.

Peaceful Prevention of Deadly Conflict

By strengthening U.S. contributions in three areas, diplomacy, development, and international cooperation, the United States could shift its foreign policy away from late military reaction to crises and toward early, peaceful prevention. That change would save lives and treasure.

Religious Freedom

We support the separation of church and state. We support guarantees for the free exercise of religion and oppose any action or attempt to favor particular religious beliefs or groups.

Torture

We oppose torture and secret prisons. We support the restoration of full civil liberties and habeas corpus protections for all persons.

Submitted by Michael Pullen

Philadelphia Yearly Meeting, 3.9.13 Interim Meeting Report to Third Haven Friends Meeting

Introduction

Philadelphia Yearly Meeting (PYM) Interim Meeting (IM) now meets 5 times a year and performs the governance functions of PYM between the PYM annual sessions. Information and materials are emailed to monthly meeting IM representative before the IM. The Third Haven IM



representatives are: Tom Corl, Robert Gladney, Dee Rein and Robert Wieland. Representatives attend IM make an oral report to the Third Haven meeting for business and prepare a brief written report for the minutes following each IM. Those Friends who want additional or complete IM information, can go directly to the IM page on the PYM website -

<http://www.pym.org/interim-meeting> . On 3.9.13, Tom Corl went to the 4th and Arch Street Meetinghouse for IM.

Selected Highlights

In his report to IM, General Secretary Arthur Larrabee indicated the he will retire in next year (~9.2014) after 7½ years of service to PYM.

A great deal of the IM was spent on 3 separate monthly meeting minutes and a 2008 PYM minute on gun violence. Eventually, IM “accepted” the 3 monthly meeting minutes, asked a group to combine these with the 2008 PYM minute, prepare a new minute on gun violence and recommend a plan of action.

A minute on human trafficking was approved. There is a PYM webpage on human trafficking. Meeting Enrichment Services (formerly the Center for Deepening and Strengthening Our Meetings), a subcommittee of the Worship and Care Standing Committee, has planned a census of attendance at meeting for worship and First Day School in all 103 PYM monthly meetings on 4th month 7th, 14th, 21st and 28th. Connie Lewis is the Third Haven point of contact for this census. I will coordinate with Connie Lewis and Robert Shattuck on this.

The Worship and Care Standing Committee is soliciting responses to Arthur Larrabee’s paper on Core beliefs. I talked with Benjamin Lloyd, Clerk of that Committee. I will send our 11th month 2012 minute on this and our 4th month 2010 Third Haven “Essence of Our Quaker Faith and Practice” to the Worship and Care Standing Committee.

Ron Ploeg, PYM Treasurer, presented the PYM fiscal year end 2012 (FY12) report, based on audited results. Based on changes in leadership, significant staff reductions, a 3-year sustainable budgeting and other changes in 2011-12, PYM ended FY 2012 (6th month 2012) with a net (positive) income of \$183,112. All the funds “borrowed” from restricted funds for “operations” have been “paid back,” using \$1.489 million (M) of the \$2.414 M requested. The 3-year sustainable budget planning continues in FY14. The Financial Oversight Working Group (FOWG) established a \$200,000 “impressed balance” operating account from the FY12 surplus. FY12 cash flow was mostly “underwater,” FY13 mostly above water.

Andrew Anderson, Clerk of FOWG, presented the proposed FY14 unrestricted PYM budget. The restricted fund budget will be presented in 5th month. The budget will be approved at PYM Annual Sessions. FY12 income was \$2.881 M and expenses \$2.709. FY12 contributions budgeted at \$1.720 M came in at \$1.950 M. Contributions income has been projected

(conservatively flat) at \$1.720 M FY12-14. The IM approved the transmittal of this the proposed FY14 unrestricted PYM budget, to monthly meetings for consideration.
I left at 1:15 before the IM ended.

Respectfully submitted, Tom Corl, Third Haven Interim Meeting Representative

Third Haven Announcements are brought up to date at least once per week and often at a shorter interval. We try to make available planned activities of the meeting which can be found at any time by going to one of the following links.

<http://www.thirdhaven.org/announcements.php>

<http://www.thirdhaven.org/calendar.php>

In the next few months a current printed directory will be made available. To make sure all information is current, we ask you to check your directory listing on the Third Haven Website <http://www.thirdhaven.org/members/dir.php>

Username is 3rdhaven Password friends (all lower case)

We appreciate having current telephone numbers, e-mail addresses or mailing addresses for yourself and your family.

Please e-mail your edited information to 3rdhaven@gmail.com

You are encouraged to look at the enhanced PYM website <http://www.pym.org/>

Notes from Overseers Forum on Services for Seniors, Saturday, March 9, 2012

Moderator and Presenter: Molly Burgoyne and Deborah Cox

Minutes: Adrienne Rudge

Molly gave a brief synopsis of the topic as the Overseers Committee has approached it since the fall of 2012.

1. We asked ourselves how we as a committee could offer care for our elderly members and their caregivers.
2. We asked Debbie Cox, a nurse practitioner specializing in eldercare, to speak about some practical adjustments we can make as a meeting as well as individuals for senior members of the family, THFM community or in our neighborhood.
3. We shared our own stories of aging or helping a family member cope with the challenges of aging.

Debbie Cox mentioned that in her practice, she has noticed that younger generations now have little appreciation for the older generation, a situation that she finds alarming. She presented a list of issues that affect the well-being and quality of life for individuals as they age. They include

1. Medications – getting the right ones and the right mix

2. Mentally stimulating activities – important for all people but crucial for elderly to keep them involved in the community, whether it is in assisted living or the larger community
3. Mobility – railings, ramps and good lighting help keep seniors mobile and independent
4. Daily Living – being aware when seniors need help with bathing, dressing, cooking
5. Social Support – checking in on a regular basis
6. Advanced Directives – making the forms available so that everyone knows the latest requirements for choosing care at the end of life
7. Hearing and Vision – regular check ups and remediation
8. Nutrition – many seniors who live alone do not eat enough and do not eat the right food
9. Continence
10. Depression – seniors miss a sense of purpose and depression is pervasive in this age group

Debbie offered some suggestions for those aging in place at home that would help people maintain emotional stability and continue to enjoy the world, even if they need help driving or need to be prodded to continue with certain activities. They want to continue to have choices and to experience love and joy; to continue to be listened to and appreciated. All those help with the losses that aging brings.

Spirituality and eldercare can go hand in hand. “Growing old is much harder than growing up.” Changing diet and routine can help enormously. It is never too old to be well. Helping someone recover from a major illness or operation can make a big difference in the time the healing process takes. Listening and affirming are two of the easiest and most essential things we can offer the elders among us.

The meeting was opened for brainstorming and discussion. Some comments from the participants indicated that we agreed that THFM has a role in recognizing the needs of our senior members and by acknowledging them, we offer respect as well as possible suggestions for help when appropriate. One attendee cautioned that we not lump all of our senior members together. Some are quite independent and managing quite fine, while others are dealing with disabilities.

Other suggestions:

1. Be more systematic about following members of our meeting with challenges. Devote an Overseers meeting to going through the list of members and attenders to identify individuals about whom we have concerns and develop a resource group with a point person. The point person and the resource group need not come from the Overseers Committee.
2. Help the Meeting become more aware of the issue by publishing suggestions in the newsletter.
3. Encourage more interaction between the older members of THFM and the young people. This could include simple projects for members of first day classes such as making note cards for elderly members to use. Also suggested was a brainstorming session between members of the Overseers and the First Day curriculum committee.

4. Offer “faith in place” times with homebound or facility bound members.
5. Make sure that members are aware of community resources that are available for no cost or little cost or some cost (geriatric care managers, Lifeline subscription).
6. Make the Meeting houses friendly to members with disabilities: check to make sure the enhanced hearing system is still working in the brick meeting house; add a ramp to the old meeting house.
7. Encourage elderly members to have someone accompany them to doctors’ appointments so that instructions are understood and followed.

Next steps will be discussed at the next Overseers Meeting.

SPRING IN OUR STEPS



Remember canned goods for those in need!



New Member and Attenders luncheon enjoyed by an enthusiastic crowd.



Former caretakers, the Websters are honored.



Enthusiastic dyers prepare



Half the fun is hiding those eggs!



I know there's one here somewhere!

Worship and Ministry sponsored sharing on Friends Decision Making



Led by Tom Corl and Dee Rein, Friends gathered at the rise of meeting to share ideas about Friends decision making including the concepts of sense of the meeting, clearness and unity. Attendees brainstormed the roles of participants and the clerk and discussed ideas from Arthur Larrabee's Friends clerking workshop, which is offered at Pendle Hill and useful to all participating in committees and meetings. Further information may be found online at Philadelphia Yearly Meeting and in Faith and Practice.